

The Isaiah Center For Loss & Transition, Inc.

Executive Director: Nancy Miller-Haupt

Phone: 260-433-9278

Location:
6606 Maplecrest Rd.
Fort Wayne, In 46835

Fort Wayne April—May Newsletter 2009 *Holy Happenings*

Hope and healing is central to the Isaiah Center Christian Ministry. During this Lenten season, we are called to be reflective, to consider areas in our life where we are hurt, where brokenness keeps us from allowing us to receive God's tremendous love for us.

When difficult change occurs, grieve can permeate our senses. We are tired or we may experience sleeplessness. Sometimes we may not feel like getting out of bed. Eating can be difficult or sometimes we overeat. Our bodies, may experience a flooding of aches, symptoms, discomfort. Our minds may betray us with forgetfulness, confusion, racing thoughts or a flooding of memories. Our spirits may trigger questions of faith, questions of life, questions about everything.

Grief is a deeply personal inner experience when change, loss or transition occurs. This may be a job loss, financial tragedy, illness, aging, moving, loss of a relationship or a significant change, deployment, empty nest, uncertainty about the future, miscarriage, adoption, loss of faith, death from any cause, death at any age.

As people of God, we do not have to struggle alone. Many suffer in silence, feeling like they cannot share or let people know how they really feel. More people live in fear of other's expectations or even their own expectations.

This fear attributes to our brokenness and is a barrier to our own healing and hope. During this Lenten Season, reach out to someone safe, caring and compassionate. No one need grieve or mourn alone. The Isaiah Center is a ministry created to support all who struggle. Stop by the center or pick up a brochure. Try a group. Do something good for yourself! You are God's child!

Selah Music Performance at Blackhawk Church

A group from the Isaiah Center will attend the Christian Music Ministry "Selah" on Friday, April 17 at Blackhawk Church on East State St. This is a wonderfully gifted group! Tickets are \$15.00 for the

concert. If you wish to attend, please bring your money to the Isaiah Center by Monday, March 30. Tickets will be purchased April 1.



Holocaust Remembrance Service

The Tuesday evening "Come to the Water" group will attend the Annual Community Holocaust Remembrance Service on Tuesday, April 21. We will

meet at The Isaiah Center at 5:30 pm and car pool together. Please RSVP to Sharon Lommatzsch, Administrative Assistant, 260-433-9278.



Check Inside for Calendar of Events

Our Mission

We seek to provide an ecumenical Christ-Centered approach to life's changes, losses and transitions by empowering all to live out a holistic model of grief and mourning through education, support and renewal.

The Isaiah Center is not a counseling practice.

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Hope Builders Needed!!

Grief is a part of life. Change is a part of life.

As hard as it is to experience the loss of a loved one, a relationship, one's health, the loss of employment, the loss of dreams and any loss contributes to a significant transition, no one need journey alone!

The Isaiah Center for Loss & Transition, Inc. is a Christ-Centered, Ecumenical non-profit ministry for the public benefit. As a Christian ministry our mission is...to seek to provide an ecumenical Christ-Centered approach to life's changes, losses and transitions by empowering all to live out a holistic model of grief and mourning through education, support and renewal.

Hundreds of individuals and families have participated in educational and support opportunities offered through the Isaiah Center. People of God from surrounding counties, rural areas and Fort Wayne have received information and inspiration in their own journey of hope and healing.

Congregations, clergy, social service agencies, hospices, physicians and funeral homes have referred individuals to the Isaiah Center where groups, programs and events are created and designed to offer the care and compassion of God to those in the midst of change and loss.

Professional leaders from the community volunteer their time and expertise in the area of grief, mourning and pastoral care to co-lead groups and participate in educational seminars all offered to the public at no charge. Donations are welcomed and suggested for specific events.

The Isaiah Center began in the heart and mind of its founder and executive director, Nancy Miller-Haupt who has twenty-six years of experience in the field of pastoral care including congregational, chaplaincy, emergency foster care and hospice ministries.

As the founder, "I have envisioned a Christian Center of Hope and Healing for years. I have been

honored to companion 1000's of individuals and families whose lives have been forever changed by significant losses such as: death, divorce, relationship losses, illness, miscarriage, adoption, career and employment loss, loss of faith, loss of safety, environment, aging and developmental loss, identity and geographical losses due to moves and deployment.

There is such tremendous need for education and support. At the Isaiah Center we encourage a holistic approach to healing. Each loss in life lends itself to emotional, physical, intellectual, spiritual and social experiences. There is nothing simple about it. There is no getting over loss, only moving through. How one moves through makes all the difference. The Isaiah Center is available to help make the difference."

Nancy's educational background includes a Master of Divinity from Trinity Lutheran Seminary in Columbus, Ohio, Advanced Bereavement Training from the American Academy of Bereavement, The World Gathering on Bereavement, The International Conference on Bereavement and a residency in Clinical Pastoral Education.

"Yes, all my educational opportunities have been a tremendous asset in working with God's people in times of grief. Yet, people themselves, in their journeys and their stories, in their tremendous capacity to reconcile and be renewed in their hope of transformation is an amazing miracle to participate in and witness."

The Isaiah Center has the capacity to be a hub for the greater Fort Wayne area and all those who travel here from Ohio, Michigan and Indiana. Groups, events and programs can be offered to educate and support thousands of people from all denominations and walks of life.

Please help all of us who believe in this mission provide the sacred space, staff, volunteers and resources to not only sustain this ministry but to participate in it's growth.

Be a Hope Builder

You may contribute to our financial need by partnering in several sponsorship levels.



Isaiah Stones—\$10.00 - \$50.00 per month



Isaiah Bricks—\$51.00-\$100.00 per month



Isaiah Boulders—\$101.00-\$200.00 per month



Isaiah Cornerstone Members—\$2500.00 or more per year

We are living stones as the Body of Christ, please support this invaluable ministry to those bereaved or “torn apart” by life’s many losses!

Upcoming Events

Please check our website at www.theisaiahcenter.com for future dates Spring-Summer 2009

- Annual Memorial Golf Outing May 16 at 2:00 pm at Deer Track Golf Course, Auburn, IN
- Christian Concert (Summer)
- Reading & Reflection Groups
- Educational Workshops (Summer)
- Healing Through Service Program (Year-round)
- Orphaned Adult Group (When Our Parents Die) “Abba Forever” April 16-May 21, 6 weeks
- Music & Movement Matters—Self-care through Walking & Dance, “Raising the Serotonin” in the Midst of Change. First class begins Tuesday, May 5 from 4:00—5:00 pm.
- Luncheon & Workshop: Healing Foods, Herbs & Aromatherapies from the Bible

Beyond Surviving: Finding Hope-A group for those grieving a death by suicide.

Join Jessica Siegel and Dawn Schweikhardt, both survivors themselves, to find comfort, encouragement and hope in your journey of grief. This group meets on Tuesdays from 2:00-3:00 pm at The Isaiah Center, located in Epiphany Lutheran Church. Deaths caused by suicide often create a stigma for the survivors. By sharing with a group of others

who understand this, survivors find their range of feelings are normal and experienced by others. It is a place of safety and a place where loved ones are honored for their lives and grieved in their deaths. For more information and resources on suicide, visit the American Foundation for Suicide Prevention website at www.afsp.org.

Isaiah Group Schedules

Groups

Journey to Joppa **Mondays from 1:00-2:30 pm**

Grief support in the midst of life's losses. The Christian Journey. Joppa was a major seaport in which travelers accessed new lands and new ways of life in Jesus day.

Joppa was a mainstay for the people of Israel.

Join Amy Rast, Counselor @ Cross Connections; Rena Zirille, Southern Care Hospice Bereavement Coordinator.



Beyond Surviving: Finding Hope **Suicide Survivors Support Group** **Tuesdays from @ 2:00-3:00 pm**

Join Jessica Seigel, The Isaiah Center; and Dawn Schweikhardt, Parkview Hospice Social Worker



Come to the Water **Tuesdays @ 5:30 PM**

Spiritual support group for adults in the midst of change, loss and transition.

Join Nancy Miller-Hauptert and Chris Mattes



Holy Grounds **Men's Coffee Hour** **Thursdays @ 9:30 am** **Through April 30** Join Chris Mattes

Discussion & Reflection



The Shack **Thursday @ 10:30 am** **March 26—April 9**

This is a discussion group on the book *The Shack* by Wm. Paul Young.

Join Nancy Miller-Hauptert



Abba Forever **Orphaned Adult Group** **Thursdays @ 10:30** **April 16 - May 21.**

Join Nancy Miller-Hauptert for this discussion group on *When Our Parents Die*.

Music & Movement Matters **Tuesdays @ 4:00** **Beginning May 5**

Join us in a walking to music class to help raise our serotonin levels.

Christian Music Ministry

Selah **"You Deliver Me" Tour** **Friday, April 17 @ 7:30 pm** **Blackhawk Ministries**

Remembrance Service

Community Holocaust **Remembrance Service** **Tuesday, April 21 @ 7:00 pm** **At Congregation Achduth** **Vesholom**

Franck Hagendorf, classical musician, a participant at The Isaiah Center will sing at the service.

Individual Bereavement Consultation

is offered by scheduled appointments. Please call the Isaiah Center at 260-433-9278.

Speaker's Group Available in 2009

If your church or group would like to schedule a speaker from The Isaiah Center, please contact Nancy Miller-Hauptert at The Isaiah Center. We have several individuals available to share the news about this awesome ministry!

The Isaiah Center for Loss and Transition, Inc. is thankful to offer grief education and support to the community at no charge. As a Christian non-profit, we are always grateful to God for donations and memorials to continue to sustain this Christ-centered ecumenical ministry.


Ways to Support the Isaiah Center Christian Ministry

GoodSearch Participation
Donations
Memorials
Individual Sponsorships
Mission Outreach Gifts
Speakers Bureau to Groups

As Always: **PRAYER**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
April 2009			1	2 9:30 Holy Grounds Men's Coffee Hour 10:30 The Shack Discussion Group 3:00 Ten Touchstones Grief Group	3	4
5	6 1:00 Journey to Joppa	7 2:00 Suicide Survivors Support Group 5:30 Come to the Water	8	9 9:30 Holy Grounds Men's Coffee Hour 10:30 The Shack Discussion Group 3:00 Ten Touchstones Grief Group	10	11
12	13 1:00 Journey to Joppa	14 2:00 Suicide Survivors Support Group 5:30 Come to the Water	15	16 9:30 Holy Grounds Men's Coffee Hour 10:30 The Orphaned Adult Discussion Group 3:00 Ten Touchstones Grief Group	17 7:00 Selah Concert—Blackhawk Ministries	18
19	20 1:00 Journey to Joppa	21 2:00 Suicide Survivors Support Group 7:00 Holocaust Remembrance Service	22	23 9:30 Holy Grounds Men's Coffee Hour 10:30 The Orphaned Adult Discussion Group	24	25
26	27 1:00 Journey to Joppa	28 2:00 Suicide Survivors Support Group 5:30 Come to the Water 5:30 Team Mtgs 6:45 Board Mtg	29	30 9:30 Holy Grounds Men's Coffee Hour 10:30 The Orphaned Adult Discussion Group		 <p>The Isaiah Center For Loss & Transition, INC</p>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
May 2009					1	2
3	4 1:00 <i>Journey to Joppa</i>	5 2:00 <i>Suicide Survivors Support Group</i> 4:00 <i>Music & Movement</i> 5:30 <i>Come to the Water</i>	6	7 10:30 <i>The Orphaned Adult Discussion Group</i>	8	9
10	11 1:00 <i>Journey to Joppa</i>	12 2:00 <i>Suicide Survivors Support Group</i> 4:00 <i>Music & Movement</i> 5:30 <i>Come to the Water</i>	13	14 10:30 <i>The Orphaned Adult Discussion Group</i>	15	16 2:00 <i>Golf Outing, Deer Track Golf Course Auburn, IN</i>
17	18 1:00 <i>Journey to Joppa</i>	19 2:00 <i>Suicide Survivors Support Group</i> 4:00 <i>Music & Movement</i> 5:30 <i>Come to the Water</i>	20	21 10:30 <i>The Orphaned Adult Discussion Group</i>	22	23
24	25 MEMORIAL DAY	26 2:00 <i>Suicide Survivors Support Group</i> 4:00 <i>Music & Movement</i> 5:30 <i>Come to the Water</i> 5:30 Team Meetings 6:45 Board Meeting	27	28	29	30
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